INDICATION
Trokendi XR (topiramate) extended-release capsules are used to prevent migraine headaches in adults and adolescents 12 years of age and older. Trokendi XR is not used to stop a migraine headache after it starts.

Please refer to the Important Safety Information (pages 6 and 7) and the enclosed Medication Guide for more Information on Trokendi XR, or visit www.TrokendiXR.com.
Migraine is a recurring, painful attack with a wide variety of potential symptoms. It is believed that various triggers start a complex chain of events that lead to a full-blown migraine attack. The headache of a migraine usually includes severe, recurring, throbbing pain on 1 side of the head. However, migraine sufferers can also experience pain on both sides of their head.

In addition to pain, there are a cluster of other symptoms that can be present and vary from attack to attack. While there are some common symptoms of migraine, each person’s individual experience is unique.

The most common migraine symptoms during the headache phase include:

- Extreme sensitivity to light or sound
- Throbbing pain
- Vomiting
- Sweating
- Scalp tenderness

Please refer to the Important Safety Information (pages 6 and 7) and the enclosed Medication Guide for more information on Trokendi XR.
About 20% of migraine sufferers will experience “aura” before a headache

Auras are sensations that signal a migraine is coming. They often cause visual symptoms, such as seeing spots or flashing lights. Auras can also produce other sensations, such as tingling in the arms or face, difficulty speaking, and tunnel vision.

A migraine is usually set off by a triggering factor or condition

Many different factors can bring on migraine headaches in individuals who are sensitive to them. And there is evidence that migraine can run in families. Triggers are different for everyone and can change over time.

The most frequently experienced migraine triggers include:

- Hormonal changes (e.g., during a woman’s menstrual cycle)
- Skipping meals
- Food allergies or sensitivities (e.g., to alcohol or food additives)
- Too little sleep
- Bright lights or loud noise
- Weather changes
- Stress

Lifestyle changes can help lessen the severity and frequency of migraine over time

There is no cure for migraine. The good news is that there are treatments that can reduce the frequency of migraine, as well as the pain associated with the attacks. There are also simple things that you can do in your daily routine to help with migraine, including:

- Keeping regular sleep and meal patterns
- Avoiding known triggers
- Exercising regularly for at least 30 minutes, 3 times per week
- Reducing your stress levels

Please refer to the Important Safety Information (pages 6 and 7) and the enclosed Medication Guide for more information on Trokendi XR.
To help you have more days in the picture, it is important to take your migraine prevention medicine every single day
Perhaps the most important thing you can do to help reduce the frequency of migraine is to maintain the treatment plan designed by you and your doctor. For patients with frequent migraine attacks, or those who do not respond to acute treatments, preventive medicines can be important. Studies show that about 40% of adults with migraine could see a substantial reduction in migraine with preventive therapy; yet, only about 12 percent of adults with migraine take preventive medicine.

Your doctor has prescribed once-a-day Trokendi XR® for migraine prevention
Trokendi XR is an extended-release version of topiramate. Topamax® (topiramate) is an immediate-release topiramate—a medicine that has been on the market for 2 decades and is approved by the FDA for migraine prevention in adults and adolescents.

Once-a-day Trokendi XR is an extended-release topiramate that provides continuous 24-hour coverage of migraine prevention medicine with just 1 dose a day
Once-a-day Trokendi XR is an extended-release formulation of topiramate for adult and adolescent patients 12 years of age and older with migraine. Trokendi XR delivers around-the-clock levels of topiramate with a single daily dose of medicine.

Please refer to the Important Safety Information (pages 6 and 7) and the enclosed Medication Guide for more information on Trokendi XR.
Once-a-day Trokendi XR uses Microtrol® technology—3 types of specially coated microbeads that help achieve all-day coverage of your medicine.

Please refer to the Important Safety Information (pages 6 and 7) and the enclosed Medication Guide for more Information on Trokendi XR, or visit www.TrokendiXR.com.
INDICATION

Trokendi XR® (topiramate) extended-release capsules are used to prevent migraine headaches in adults and adolescents 12 years of age and older. Trokendi XR is not used to stop a migraine headache after it starts.

IMPORTANT SAFETY INFORMATION

Who should not take Trokendi XR?

Do not take Trokendi XR if

- You have recently consumed or plan to consume alcohol (i.e., within 6 hours prior to and 6 hours after Trokendi XR use)
- You have metabolic acidosis and are also taking metformin (e.g., Glucophage®)

Swallow Trokendi XR capsules whole. Do not sprinkle on food, chew, or crush.

What are the possible side effects of Trokendi XR?

Trokendi XR can cause serious side effects, including: Eye problems. Serious eye problems include sudden decrease in vision with or without eye pain or redness, or a blockage of fluid that may cause increased pressure in the eye (secondary angle closure glaucoma). Call your healthcare provider right away if you have new eye symptoms, including any new problems with your vision.

Decreased sweating and increased body temperature (fever). People, especially children, should be watched for signs of decreased sweating and fever, especially in hot temperatures. Some people may need to be hospitalized for this condition.

Increased levels of acid in the blood (metabolic acidosis). If left untreated, metabolic acidosis can cause brittle or soft bones (osteoporosis, osteomalacia, osteopenia), kidney stones, can slow the rate of growth in children, and may possibly harm the unborn child of pregnant patients.

High levels of ammonia in the blood. High ammonia in the blood can affect mental activities, slow alertness, cause tiredness, or cause vomiting. Blood ammonia levels have been shown to rise when Trokendi XR is taken with a medicine called valproic acid (e.g., DEPAKENE® and DEPAKOTE®).

Kidney stones. Drink plenty of fluids when taking Trokendi XR to decrease your chances of getting kidney stones.

Low body temperature. Taking Trokendi XR when you are also taking valproic acid may cause a drop in body temperature to less than 95°F, tiredness, confusion, or coma.

Effects on thinking and alertness. Trokendi XR may affect how you think, and can cause confusion and problems with concentration, attention, memory, or speech. Trokendi XR may cause depression or mood problems, tiredness, and sleepiness.

Dizziness or loss of muscle coordination.

The most common side effects include tingling of the arms and legs (paresthesia), not feeling hungry, nausea, weight loss, abnormal vision, a change in the way foods taste, nervousness, speech problems, dizziness, slow reactions, upper respiratory tract infection, sleepiness, diarrhea, pain in the abdomen, and difficulty with memory. These are not all the possible side effects of Trokendi XR. For more information, ask your healthcare provider or pharmacist.

(continued on page 7)
Like other antiepileptic drugs, Trokendi XR may cause suicidal thoughts or actions in a very small number of people, about 1 in 500. Before you take Trokendi XR, tell your healthcare provider if you have or have had depression, mood problems, or suicidal thoughts or behavior. Call a healthcare provider right away if you have thoughts about suicide or dying; have attempted to commit suicide; have new or worsening depression or anxiety; feel agitated or restless; experience panic attacks, trouble sleeping (insomnia), or new or worsening irritability; feel or act more aggressive, angry, or violent; act on dangerous impulses; have an extreme increase in activity and talking (mania); or experience other unusual changes in behavior or mood.

Before taking Trokendi XR, tell your healthcare provider about any other medical conditions, including if you have kidney problems, kidney stones, or are getting kidney dialysis; have a history of metabolic acidosis (too much acid in the blood); have liver problems; have weak, brittle, or soft bones (osteomalacia, osteoporosis, osteopenia, or decreased bone density); have lung or breathing problems; have eye problems, especially glaucoma; have diarrhea; have a growth problem; are on a diet high in fat and low in carbohydrates, which is called a ketogenic diet; are having surgery; are pregnant or plan to become pregnant; or if you are breastfeeding. Trokendi XR passes into your breast milk. It is not known if the Trokendi XR that passes into breast milk can harm your baby. Talk to your healthcare provider about the best way to feed your baby if you take Trokendi XR.

Trokendi XR can harm your unborn baby. If you take Trokendi XR during pregnancy, your baby has a higher risk for the birth defects of cleft lip, cleft palate, and being smaller than expected at birth. These defects can begin early in pregnancy, even before you know you are pregnant.

Tell your healthcare provider about any other medicines you take, including prescription and nonprescription medicines, vitamins, and herbal supplements. Trokendi XR and other medicines may affect each other, causing side effects. Especially tell your healthcare provider if you take metformin (e.g., Glucophage); valproic acid (e.g., DEPAKENE or DEPAKOTE); any medicines that impair or decrease your thinking, concentration, or muscle coordination; or birth control pills. Trokendi XR may make your birth control pills less effective.

Do not stop Trokendi XR without first talking to a healthcare provider. If you have epilepsy and you stop taking Trokendi XR suddenly, you may have seizures that do not stop. Your healthcare provider will tell you how to stop taking Trokendi XR slowly.

Do not drive a car or operate heavy machinery until you know how Trokendi XR affects you. Trokendi XR can slow your thinking and motor skills, and may affect vision.

Please refer to the enclosed Medication Guide for additional important patient information.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.
Look at how once-a-day Trokendi XR® and twice-a-day Topamax® (topiramate) are absorbed into your bloodstream and available throughout your body over a full 24-hour day.

There were 2 main parts to the study:

**Part 1:**
- 39 healthy adults were randomly assigned to take 200 mg of Trokendi XR once a day or 100 mg of Topamax twice a day.†
- Over the course of 3 weeks, the 39 adults in the study were adjusted up to their full 200-mg dose of medicine and were maintained on this full dose for 10 days.

**Part 2:**
- After the 10 days were completed, all the adults took a break from the treatment for 32 days to clear the medicine from their bodies.
- They were then switched to the opposite treatment and the same procedures were repeated.

It was determined that a total daily dose of Trokendi XR given once a day provided the same medicine levels as Topamax twice a day.

†Recommended dose of Trokendi XR for migraine prophylaxis is 100 mg/day.

Please refer to the Important Safety Information (pages 6 and 7) and the enclosed Medication Guide for more information on Trokendi XR.
What does this medical study mean for you?

Twice-a-day Topamax, represented by the purple line in the chart on page 8, rises very quickly in your body and then drops down over the course of 12 hours before the second dose is taken.

Once-a-day Trokendi XR, represented by the blue line in the chart on page 8, rises slowly in your body and maintains a relatively steady level to ensure that you are covered with your medicine throughout the day with a single dose.

Taking just 1 dose a day and getting the same total daily dose of topiramate is an important option. Many people find it easier to remember to take their medicine once a day rather than twice a day.

Equally important is the fact that these 2 medicines enter your body at different rates throughout the day, despite the fact that they offer the same total daily dose of medicine.

Please refer to the Important Safety Information (pages 6 and 7) and the enclosed Medication Guide for more information on Trokendi XR.

When the level of medicine in your body fluctuates, you may not have appropriate coverage during the high peaks and low drops.

At these times, you may be at greater risk for symptoms or side effects while you are going about your day.
Switching to once-a-day Trokendi XR® from immediate-release topiramate is simple

You can switch to once-a-day Trokendi XR from Topamax® (topiramate) as soon as your next dose

Switching to once-a-day Trokendi XR from twice-a-day Topamax allows you to take the same medicine you are already taking, but less often. For example, if you are taking 50 mg of Topamax twice a day (100 mg total per day), you would only have to take a single 100 mg capsule of Trokendi XR once a day.

Once-a-day Trokendi XR is available in 4 convenient dosage strengths

Capsules shown are not actual size.

Trokendi XR provides mg-to-mg conversion from twice-daily Topamax

This means that your doctor prescribes the same total daily dose of medicine, but it is only taken once a day instead of being split into twice-a-day doses.

Please refer to the Important Safety Information (pages 6 and 7) and the enclosed Medication Guide for more information on Trokendi XR.
Example of **same-day conversion** for patients taking twice-a-day Topamax

**TOPAMAX**

50 mg

Morning +

50 mg

Evening

**TROKENDI XR®**

100 mg

Daily

**TWICE A DAY**

**ONCE A DAY**

Tablets and capsule shown are not actual size.

*Recommended dose of Trokendi XR for migraine prophylaxis is 100 mg/day.

Please refer to the Important Safety Information (pages 6 and 7) and the enclosed Medication Guide for more information on Trokendi XR.
100 MG A DAY, EVERY DAY
IF YOU WANT TO TRY AND
MISS FEWER DAYS!

Starting on topiramate for the first time: what you can expect from a topiramate product like once-a-day Trokendi XR®

In clinical studies, topiramate was proven to be effective in reducing the number of migraines beginning at a total daily dose of 100 mg/day

Study details:

• Patients started with an average of approximately 5.5 migraines a month
• In both medical studies, patients with 3 to 12 migraines (but no more than 15 headache days) per month were observed for 6 months
• Patients were maintained on placebo or 1 of 3 different doses (50, 100, or 200 mg/day) of topiramate
• The goal of the medical studies was to measure the reduction in number of migraines per month

Please refer to the Important Safety Information (pages 6 and 7) and the enclosed Medication Guide for more information on Trokendi XR.
Your doctor will start you on once-a-day Trokendi XR with a plan to increase your daily dose to 100 mg/day over time

Gradually increasing the dosage over a period of 4 weeks will help your body adapt to the medicine and reduce the risk of side effects. Your doctor will work with your individual needs to help you achieve the right dose for migraine prevention.

The recommended daily dose of Trokendi XR for migraine prevention in adults is 100 mg/day achieved over a 4-week dosing schedule:

<table>
<thead>
<tr>
<th>Week</th>
<th>Days</th>
<th>Dosage (mg/day)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 1</td>
<td>S M T W T F S</td>
<td>25</td>
</tr>
<tr>
<td>Week 2</td>
<td>S M T W T F S</td>
<td>50</td>
</tr>
<tr>
<td>Week 3</td>
<td>S M T W T F S</td>
<td>75</td>
</tr>
<tr>
<td>Week 4</td>
<td>S M T W T F S</td>
<td>100</td>
</tr>
</tbody>
</table>

It is important to take your daily dose of medicine every day as prescribed. Do not stop taking once-a-day Trokendi XR without talking to your doctor.

Please refer to the Important Safety Information (pages 6 and 7) and the enclosed Medication Guide for more information on Trokendi XR.
RESOURCES THAT CAN HELP YOU TRY AND MISS FEWER DAYS!

You’re not alone—there are many resources and places to go for more information on migraine

You should always talk to your doctor about any questions you may have, and for information about the migraine treatment plan specifically designed for you. But there are also many websites and resources where you can find additional information.
Below is a list of trusted resources you may find helpful:

Organization websites:
Alliance for Headache Disorders Advocacy
allianceforheadacheadvocacy.wordpress.com
American Migraine Foundation
americanmigrainefoundation.org
American Headache and Migraine Association
ahma.memberclicks.net
Migraine Awareness Group
migraines.org
Migraine Research Foundation
migraineresearchfoundation.org
National Headache Foundation (NHF)
headaches.org
National Institute of Neurological Disorders and Stroke (NIH)
ninds.nih.org
NHF Head Wise Online Magazine
headaches.org/headwise-magazine

Other websites and blogs:
AccuWeather.com
For a “migraine headache forecast,” enter your location, move (don’t click) your cursor over the forecast, then roll to the “Health” column and click “Migraine headache”
accuweather.com
Migraine.com
An online community dedicated exclusively to migraine headache. Features articles, discussion boards, interactive polls, and more
migraine.com
Putting Our Heads Together
Educational support and advocacy information for those who suffer from migraine
puttingourheadstogether.com

The websites and/or blogs listed above are not affiliated with, controlled, or endorsed by Supernus Pharmaceuticals, Inc.

Please refer to the Important Safety Information (pages 6 and 7) and the enclosed Medication Guide for more information on Trokendi XR.
Please refer to the Important Safety Information (pages 6 and 7) and the enclosed Medication Guide for more information on Trokendi XR.
DON’T MISS OUT!

Complete and mail the questionnaire below to receive your FREE booklet from Trokendi XR®*—

Living with Migraines—Information and Insights

1. Are you currently taking a prescription medicine for migraine prevention?  
(Please select one of the following):  
☐ Topamax® (topiramate)  ☑ Trokendi XR  ☐ None  ☐ Other

2. Have you previously taken immediate-release topiramate/Topamax and stopped?  
☐ Yes  ☐ No

Name__________________________________________________________
(Please print, all fields required)
Address________________________________________________________
City_________________________________ State_________________ Zip________
Cell phone__________________________ Email_____________________

INDICATION
Trokendi XR (topiramate) extended-release capsules are used to prevent migraine headaches in adults and adolescents 12 years of age and older. Trokendi XR is not used to stop a migraine headache after it starts.

Please refer to the enclosed Medication Guide and Important Safety Information available at www.TrokendiXR.com for more information on Trokendi XR.

*By completing and mailing this form, you acknowledge that you are 18 years of age or older, and you agree to receive communications from Supernus Pharmaceuticals, Inc. and its agents. Offer valid in the US only and only while supplies last. Supplies are limited and substitutions may apply. One free gift per person. Offer expires 12/31/2018 and is subject to cancellation at any time. Void where prohibited by law.

†For full terms and conditions, please see the Trokendi XR Co-pay Card, or visit www.TrokendiXR.com.

Visit www.TrokendiXR.com to sign up for the Trokendi XR $0 Co-pay Program.
Once-a-day, FDA-approved, extended-release Trokendi XR for the prevention of migraine in adults and adolescents 12 years of age and older

*For full terms and conditions, please see the Trokendi XR Co-pay Card, or visit www.TrokendiXR.com.

Please refer to the Important Safety Information (pages 6 and 7) and the enclosed Medication Guide for more information on Trokendi XR, or visit www.TrokendiXR.com.